



## **Matthew Richardson Around the World**



Adventure with our Cultural Cuisines Cooking Series as we travel the globe discovering secrets to expand your culinary horizons. Every cuisine deserves beef; its savory flavor flatters ethnic foods from around the globe. This new series features beef and its uses in kitchens in lands near and far.

America enjoys the finest beef in the world. Chef Richardson a Johnson and Wales honors graduate, veteran of 5 star kitchens and currently Buckhead Beef's Executive Chef has developed lessons that will teach you how to optimize results with various cuts of beef and proven techniques. An experienced teacher Matthew merges the science and the art of cooking. Direction on critical steps and what the cooking process does will help you understand why you braise and when you must grill.

Our market's great assortment of exotic ingredients are a delightful resource for Matthew's exploration. From bok choy to risotto, Vietnam and Italy he will navigate Cultural Cuisines with his class to enjoy beef and the foods of the world in exciting new ways.

**Join us and Chef Richardson to explore the world.**

See [www.bufordhighwayfarmersmarket.com](http://www.bufordhighwayfarmersmarket.com) for schedules